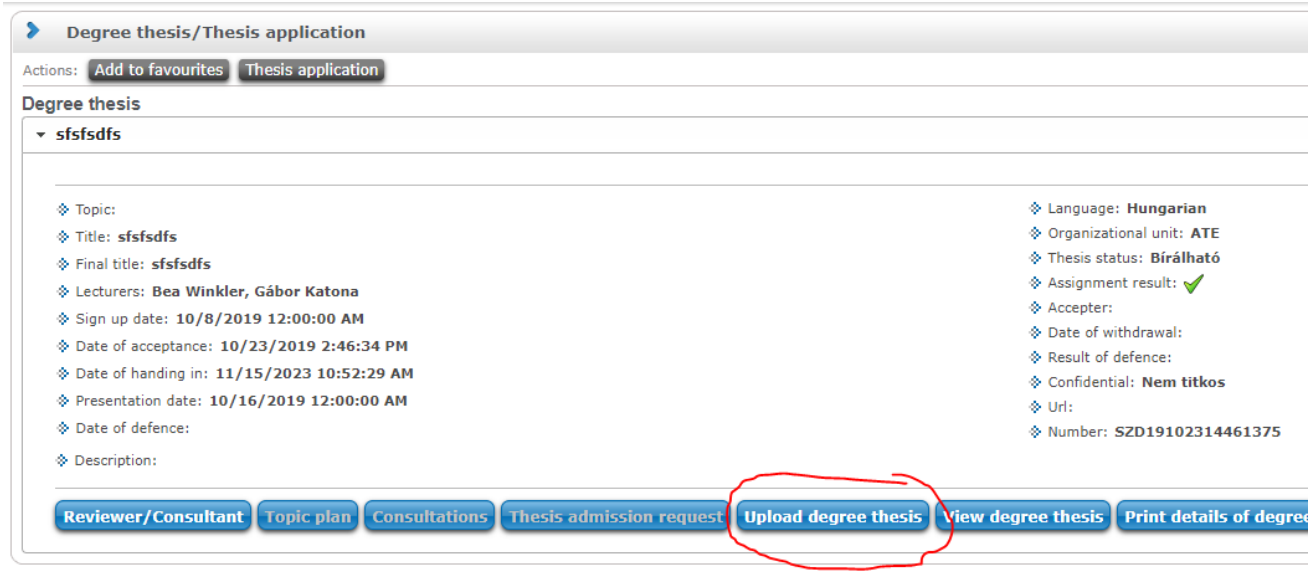
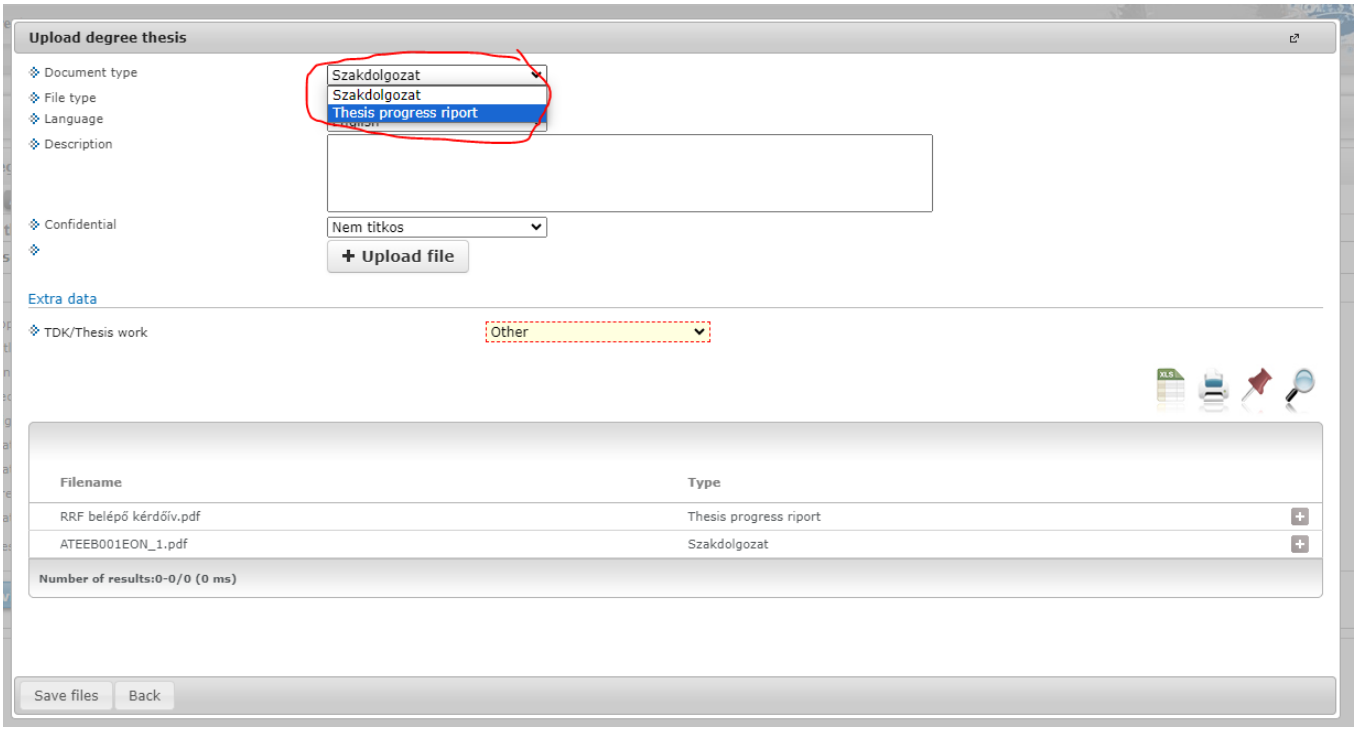
How to upload the Thesis progress report to Neptun?

You need to upload the Thesis progress report (beside including it into your thesis) separately to Neptun.

The two slides below show, where to.